



CERTIFICATE OF COMPLETION

presented to

Thomas Michael Meduna

for successful completion of the
OSHA 10-Hour General Industry Course

Duration: 10 hours

Ricardo Baeza

Trainer



November 12, 2025

Date

Core Competencies

Given OSHA historical events and current information, the student will be able to:

- Explain the importance of OSHA in providing a safe and healthful workplace to workers covered by OSHA. (*Introduction to OSHA*)

Given current OSHA and industry information regarding worksite illnesses, injuries and/or fatalities, the student will be able to:

- Protect themselves from walking/working hazards including fall hazards. (*Walking-Working Surfaces*)
- Recognize electrocution hazards in general industry. (*Avoiding Electrocution Hazards*)
- Recognize hazards and best practices associated with emergency action plans, fire prevention plans, fire protection, and exit routes. (*Emergency Action Plans and Fire Protection*)
- Recognize responsibilities related to hazard communications, including Global Harmonizing System (GHS) requirements. (*Hazard Communication*)
- Select appropriate personal protective equipment for common industry hazards. (*Personal Protective Equipment*)
- Recognize how to protect themselves from hazards associated with material handling. (*Materials Handling, Storage, Use, and Disposal*)
- Recognize hazards associated with machinery that has improper or missing guards. (*Machine Guarding*)
- Recognize hazards associated with industrial hygiene. (*Industrial Hygiene*)
- Recognize hazards associated with driving. (*Safe Driving Practices*)
- Recognize hazards associated when working with bloodborne pathogens in the workplace. (*Bloodborne Pathogens*)
- Recognize ergonomic hazards and select solutions which prevent injuries from occurring. (*Ergonomics*)
- Recognize responsibilities related to safety and health in the workplace. (*Safety & Health Programs*)
- Recognize hazards associated with violence in the workplace. (*Preventing Workplace Violence*)